


**Welcome to Christ Episcopal Church**  
**The First Sunday in Lent**  
**February 26th, 2023**  
**Holy Eucharist Rite II**

**Please maintain a sacred silence in the church prior to the service for private prayer and reflection. The Service begins with the Great Litany led by the choir in procession.**

**The Great Litany**

Holy God, Creator of heaven and earth,  
*Have mercy on us.*

*People*  
  
Have mer - cy on us.

Holy and Mighty, Redeemer of the world,  
*Have mercy on us.*

Holy Immortal One, Sanctifier of the faithful,  
*Have mercy on us.*

Holy, blessed and glorious Trinity, One God,  
*Have mercy on us.*

From all evil and mischief; from pride, vanity and hypocrisy;  
from envy, hatred and malice; and from all evil intent,  
*Savior deliver us.*

*People*  
  
Sa - vior, de - liv - er us

From sloth, worldliness and love of money; from hardness of heart and contempt for your word  
and your laws,  
*Savior deliver us.*

From sins of body and mind; from deceits of the world, flesh and the devil,  
*Savior deliver us.*

From famine and disaster; from violence, murder, and dying unprepared,  
*Savior deliver us.*

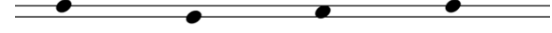
In all times of sorrow; in all times of joy; in the hour of our death and at the day of judgment,  
*Savior deliver us.*

By the mystery of your holy incarnation; by your birth, childhood and obedience; by your  
baptism, fasting and temptation,  
*Savior deliver us.*

By your agony and trial; by your cross and passion; by your precious death and burial,  
*Savior deliver us.*

By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit,  
*Savior deliver us.*

Hear our prayers, O Christ our God.  
*Hear us, O Christ.*

*People*  
  
Hear us, O Christ

Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is  
your will.

*Hear us, O Christ.*

Give us boldness to preach the gospel in all the world, and to make disciples of all the nations.  
*Hear us, O Christ.*

Enlighten your bishops, priests and deacons with knowledge and understanding, that by their teaching and their lives they may proclaim your word.

*Hear us, O Christ.*

Give your people grace to witness to your word and bring forth the fruit of your Spirit.

*Hear us, O Christ.*

Strengthen those who stand; comfort and help the fainthearted; raise up the fallen; and finally beat down Satan under our feet.

*Hear us, O Christ.*

Guide the leaders of the nations into the ways of peace and justice.

*Hear us, O Christ.*

Give your wisdom and strength to all who serve the people of this country that in all things they may do your will, for your glory and the common good.

*Hear us, O Christ.*

Give us the will to use the resources of the earth to your glory and for the good of all.

*Hear us, O Christ.*

Bless and keep all your people,

*Hear us, O Christ.*

Comfort and liberate the lonely, the bereaved and the oppressed.

*Hear us, O Christ.*

Keep in safety those who travel and all who are in peril.

*Hear us, O Christ.*

Heal the sick in body, mind or spirit and provide for the homeless, the hungry and the destitute.

*Hear us, O Christ.*

Guard and protect all children who are in danger.

*Hear us, O Christ.*

Shower your compassion on prisoners, hostages and refugees, and all who are in trouble.

*Hear us, O Christ.*

Forgive our enemies, persecutors and slanderers, and turn their hearts.

*Hear us, O Christ.*

Hear us as we remember those who have died and grant us with them a share in your eternal glory.

*Hear us, O Christ.*

Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according to your word.

*Hear us, O Christ.*



*Officiant* Lord, have mer - cy · on us.

*People* Christ, have mer - cy · on us.

*Officiant* Lord, have mer - cy · on us.

*Celebrant* Bless the Lord who forgives all our sins;  
*People* **His mercy endures for ever.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

### **The Collect of the Day**

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

### **A Reading from the Book of Genesis**

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

*Genesis 2:15-17; 3:1-7*

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

### **Psalm 32**

*Dorothy Papdakos*



1 Happy are they whose transgressions are **forgiven**, \*  
and whose sin is put **away**!

2 Happy are they to whom the Lord imputes no **guilt**, \*  
and in whose spirit there is no **guile**!

3 While I held my tongue, my bones withered **away**, \*  
because of my groaning all day **long**.

4 For your hand was heavy upon me day and **night**; \*  
my moisture was dried up as in the heat of **summer**.

5 Then I acknowledged my sin to **you**, \*  
and did not conceal my **guilt**.

6 I said, " I will confess my transgressions to the **Lord**." \*  
Then you forgave me the guilt of my **sin**.

7 Therefore all the faithful will make their prayers to you in time of **trouble**; \*  
when the great waters overflow, they shall not **reach them**.

8 You are my hiding-place; you preserve me from **trouble**; \*  
you surround me with shouts of **deliverance**.

9 "I will instruct you and teach you in the way that you should **go**; \*  
I will guide you with my **eye**.

10 Do not be like horse or mule, which have no **understanding**; \*  
who must be fitted with bit and bridle, or else they will not stay near **you**."

11 Great are the tribulations of the **wicked**; \*  
but mercy embraces those who trust in the **Lord**.

12 Be glad, you righteous, and rejoice in the **Lord**; \*  
shout for joy, all who are true of **heart**.

### **A Reading from the Letter to the Romans**

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

*Romans 5:12-19*

*Reader*            The Word of the Lord.  
*People*            **Thanks be to God.**

**Sequence Hymn 150**

“Forty days and forty nights”

*Aus der Tiefe rufe ich*

## **The Gospel**

*Deacon*           The Holy Gospel of our Lord Jesus Christ according to Matthew.  
*People*           **Glory to you, Lord Christ.**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

*Matthew 4:1-11*

*Priest*           The Gospel of the Lord.  
*People*           **Praise to you, Lord Christ.**

## **The Sermon**

The Rev. Dr. Katrina Grusell

## **The Nicene Creed**

BCP 326

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

*Both the Prayers of the People and the Confession are part of The Great Litany in today's service; therefore, we move directly from the Nicene Creed to the Peace.*

## **The Peace**

*Celebrant*       The peace of the Lord be always with you.  
*People*           **And also with you.**

## The Holy Communion

*Know that whoever you are, wherever you find yourself on your journey of faith, there is a place for you here. All baptized Christians are invited to receive communion; those not receiving communion are invited to come forward for a blessing.*

Offertory Anthem

The True and Living Bread

David Blackwell

Presentation Hymn 143

Verses 1, 5



1 The glo - ry of these for - ty days we

\*5 O Fa - ther, Son, and Spi - rit blest, to



1 ce - le - brate with songs of praise; for Christ, through whom all

5 thee be ev - ery prayer ad - dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.

5 Name a - dored, from age to age, the on - ly Lord.

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Music: *Erhalt uns, Herr*; melody from *Geistliche Lieder*, 1543; harm. Johann Sebastian Bach (1685-1750)

## The Great Thanksgiving

### Eucharistic Prayer A

BCP 361

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise.**

*Celebrant*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Leader*  
(piano) Ho - ly,

Ho - ly, ho - ly, ho - ly Lord, God of  
pow'r\_ and might, heav - en and earth are full of your glo - ry.  
Ho - san - na in the high - est. Bless - ed is he who  
comes in the name of the Lord. Ho - san - na in the high - est.\_\_\_\_

Music: Betty Carr Pulkingham (b. 1928), *Freedom Mass*. Based on traditional African melodies. Copyright © 1989 Celebration, Aliquippa, PA 15001. All Rights Reserved. International Copyright Secured. Used by permission.

*The people stand or kneel.*

*Celebrant*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.  
Christ is risen.  
Christ will come again.**

*Celebrant*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

**The Lord's Prayer**

*BCP 364*

*Celebrant and People*

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

**The Breaking of the Bread**

*The Celebrant breaks the consecrated Bread.*

**Fraction Hymn S169**

*Cantor or Choir*  
My flesh is food in - deed, and my blood is drink in -  
deed, says the Lord. *1 All* My Lord. *2 Cantor or Choir* Those who eat my  
flesh and drink my blood dwell in me and I in them. *All* My  
flesh is food in - deed, and my blood is drink in - deed, says the Lord.



*The Celebrant says the following Invitation*  
The Gifts of God for the People of God.

**Communion Hymn 147**

“Now let us all with one accord”

*Bourbon*

**The Post Communion Prayer**

*Celebrant* Let us pray,

***Celebrant and People***

Almighty and everliving God,  
we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.

**The Blessing**

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. *Amen.*

**Processional Hymn 142**

“Lord, who throughout these forty days”

*St. Flavian*

**The Dismissal**

*Deacon* Go in peace to love and serve the Lord..

***People* Thanks be to God.**

**Voluntary**

Improvisation on "I want Jesus to walk with me"

## **Announcements**

### **Lenten Offerings**

Tuesday Holy Eucharist in the Dewees Chapel at Noon.

Stations of the Cross: Fridays with light dinner at 6:00 pm & Stations at 7:00 pm.

Coffee & Conversation with the Interim Rector, Thursday, March 2 at 3:00 pm in the Great Hall.  
Focus: Forgiveness

Coffee & Conversation with the Interim Rector, Wednesday, March 15 at 7:00 pm on Zoom  
Focus: Family Systems Theory

Mothering Sunday: Parish Meeting with pot-luck luncheon featuring your ethnic cuisine.  
Join us as we welcome The Rev. Canon Carrie Schofield-Broadbent to our parish gathering.

Reconciliation of the Penitent by appointment with the clergy. Please email or speak to Mother Katrina for an appointment.

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### **Commemoration of the Life of Harriet Tubman**

Given her historic connections to Central New York, a resolution was passed at the Diocesan Convention last November to commemorate the life of Harriet Tubman. Christ Church, along with the churches in Rome, Watertown and Auburn which acted as Gathering Places for the Convention, will be celebrating the life of Harriet Tubman on Wednesday, March 22.

The worship service will be similar to what was done for the Convention. The service will be broadcast and begin at noon with Bishop DeDe presiding from Auburn. After the Passing of the Peace, each church will celebrate the Eucharist and distribute communion. With the Post-Communion Prayer, the service will return to Bishop DeDe in Auburn.

All are welcome to participate in this historic occasion.

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### **Shrove Tuesday Pancake Supper**

A big thank you to those who worked and all who attended the pancake supper. We served 78 people this year. After the expenses, we earned \$275.00 which will be used to support outreach projects here at Christ Church.

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### **Ukrainian Egg Decorating Workshop**

Today at noon following coffee hour in the Great Hall. No previous experience is needed. Snacks will be provided.

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## Liturgy: The Work of the People

Every Sunday, the liturgy contains the Collect of the Day. Generally, the word “collect” describes the first of the variable prayers in the Eucharistic liturgy. They are appointed as part of the Proper of the Church Year, details of which are described on page 158 of the Book of Common Prayer (BCP). The Sunday collects have a rich history in the Church and are written to follow the liturgical seasons. There are also collects for holy days, the common of saints, and various occasions.

There is a distinct pattern to the way a collect is written. “The simplest form has three parts: a preamble (address, invocation), a petition, and a conclusion (mediation).”<sup>1</sup> Looking at the Collect for the first Sunday in Lent, try to identify the pattern:

*Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.*

For those who would like to learn to write prayers or pray spontaneously, learning this pattern is often helpful. During Lent, praying and studying the weekly collect is a discipline that will deepen and strengthen your prayer life.

In the Book of Common Prayer 1979, nearly half of the collects are taken from the 1928 version. Some of these have roots to Thomas Cranmer’s original collects from the early 1500’s. A few of the Sunday collects dropped from the BCP 1928 have been moved to other liturgies in the current Prayer Book. The ongoing use of beautiful, historic collects grounds us in our Anglican tradition. The collect for the first Sunday in Lent is a “revised version of one of the original collects in William Bright’s Ancient Collects. It relates closely to the Gospel for all three liturgical years—the account of our Lord’s temptation in the wilderness—and is particularly fitting as we enter this season of penitence.”<sup>2</sup>

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<sup>1</sup> Marion Hatchett’s “Commentary on the American Prayer Book” contains information on the Collects on pages 163-216.

<sup>2</sup> Hatchett, 174.